

A monthly newsletter about our small Home Health and Home Nursing business located in Galena, IL with a branch office in Dubuque, IA.

www.24hourcarehha.com



JAN. 2024

Veterans. We are qualified to serve you for Home Health short-term Physical or Occupation Therapy services and Skilled Nursing services. We are also able to help with Nursing services as well! Call your VA doctor to see if you qualify for 24-Hour Care Home Health or Home Nursing services!



NEW YEAR'S RESOLUTIONS Word Scramble

NJOI HTE YGM _____

NDKRI RMOE TREWA _____

UTQI KOGSMNI _____

TSRAT A GEDRAUTIT RJLONUA _____

LOSFS EHTET DYALI _____

DERA NEO KOBO A NHOMT _____

OD OTN THI EHT ZNOSOE BNTOTU _____

ECEMBO A RVTNEOLEU _____

Happy Birthday

Christine B.

Jan. 13

Ruth G.

Jan. 15



Home Health Short-term services

- Physical Therapy
- Occupational Therapy
- Wound Care
- Skilled Nursing Services
- Injections
- Monitoring of Health Status

Common ways these costs are covered

- Medicare
- Private long-term insurance coverage

Ingredients

- 8 whole baby dill pickles
- 8 ounces cream cheese
- 8 slices deli ham
- 2 teaspoons ranch seasoning




January is a new year and a new Employee Spotlight. Beth does 24-Hour Care's H.R. and Finance. Beth works hard to keep us paid and implementing exciting perks to our employees. Thanks for all you do Beth.

Instructions

1. In a medium bowl, combine the cream cheese and ranch seasoning.
2. Pat the pickles and ham slices dry with a paper towel.
3. Lay out a ham slice on a clean surface like a cutting board or baking sheet covered with parchment paper.
4. Spread 1/8 (roughly 1-2 tablespoons) over the whole slice of ham, making sure to get all the way to the edges..
5. Place one pickle at one end of the ham slice and roll the pickle up tightly.
6. Continue with the remaining pickles, ham, and cream cheese.
7. Cover and refrigerate for 15-20 minutes to firm up the cream cheese.

**“JANUARY,
The first month of the year,
A perfect time to start all over
again,
Changing energies and deserting old
moods,
New beginnings, new attitudes”
— Charmaine J Forde**



Providing Home Health Services and Home Nursing Services in ALL of Jo Daviess county and Dubuque county.

Home Health

& Home Services available for Veteran's!!

ask your VA doctor about our services today.