A monthly newsletter about our small Home Health and Home Nursing business located in Galena, IL with a branch office in Dubuque, IA.

www.24hourcarehha.com

JAN. 2024

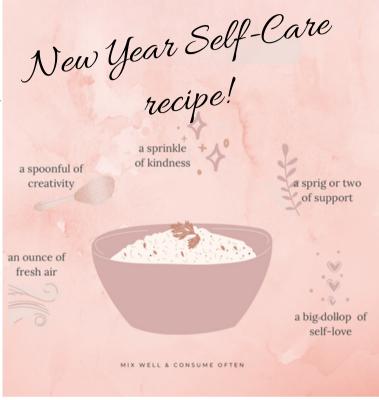
Veterans. We are qualified to serve you for Home Health short-term Physical or Occupation Therapy services and Skilled Nursing services. We are also able to help with Nursing services as well! Call your VA doctor to see if you qualify for 24-Hour Care Home Health or Home Nursing services!



NEW YEAR'S RESOLUTIONS Word Scramble









Home Health Short-term services

- Physical Therapy
- Occupational Therapy
- Wound Care
- Skilled Nursing Services
- Injections
- Monitoring of Health Status

Common ways these costs are covered

- Medicare
- Private long-term insurance coverage

<u>Ingredients</u>

- 8 whole baby dill pickles
- 8 ounces cream cheese
- 8 slices deli ham
- 2 teaspoons ranch seasoning

Instructions

- 1. In a medium bowl, combine the cream cheese and ranch seasoning.
- 2. Pat the pickles and ham slices dry with a paper towel.
- 3. Lay out a ham slice on a clean surface like a cutting board or baking sheet covered with parchment paper.
- 4. Spread 1/8 (roughly 1-2 tablespoons) over the whole slice of ham, making sure to get all the way to the edges..
- 5. Place one pickle at one end of the ham slice and roll the pickle up tightly.
- 6. Continue with the remaining pickles, ham, and cream cheese.
- 7. Cover and refrigerate for 15-20 minutes to firm up the cream cheese.

Providing Home
Health Services
and Home Nursing
Services in ALL of
Jo Daviess county
and Dubuque
county.



January is a new year and a new Employee Spotlight. Beth does 24-Hour Care's H.R. and Finance. Beth works hard to keep us paid and implementing exciting perks to our employees. Thanks for all you do Beth.

"JANUARY,

The first month of the year,
A perfect time to start all over
again,

Changing energies and deserting old moods,

New beginnings, new attitudes"

- Charmaine J Forde



Home Health
& Home Services available for Veterans!!

ask your VI doctor about our services today.