

A monthly newsletter about our small Home Health and Home Nursing business located in Galena, IL with a branch office in Dubuque, IA.

www.24hourcarehha.com

FEB 2024

Veterans. We are qualified to serve you for Home Health short-term Physical or Occupation Therapy services and Skilled Nursing services. We are also able to help with Nursing services as well! Call your VA doctor to see if you qualify for 24-Hour Care Home Health or Home Nursing services!



Home Health & Home Nursing Agency



Field Nurse Case Manager

Bath aides

Apply online:

www.24hourcarehha.com



Elizabeth Community
Hosted by 24-Hour Care

Saturday, February 10th 9:00am – 12:30pm

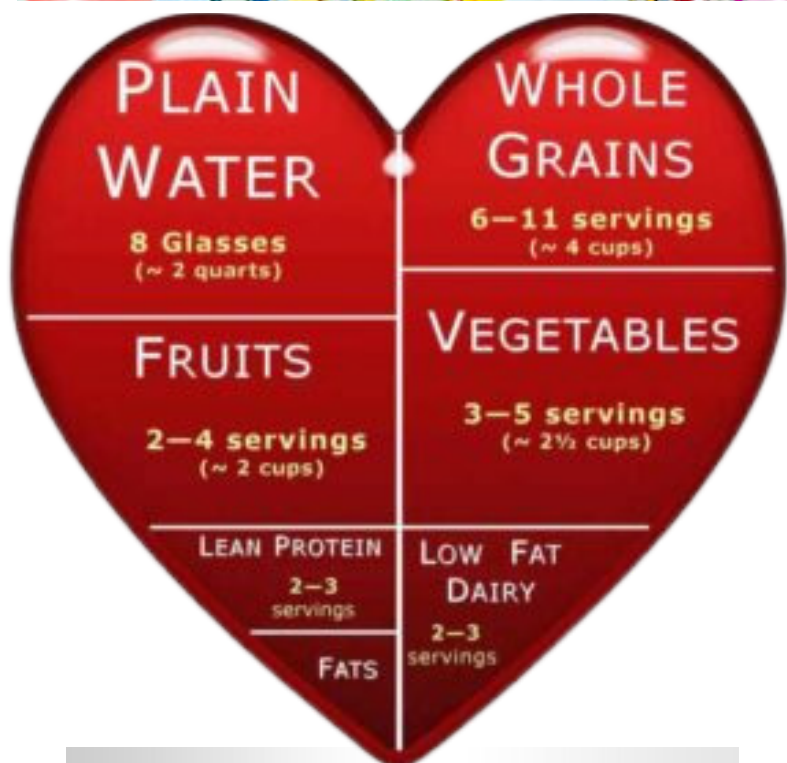
Community Building (402 W. Street)

To schedule, scan the QR code, email Nicole Karberg at nicole@24hourcarehha.com or online at www.bloodcenter.org.

Give a pint and get a pint from Highway 20 Brewing Company!



Please wait before donating and bring Photo ID.
Last Date to Donate Elsewhere: 12/16/23
Group Sponsor Code: 3662



Shopping List



- ✓ 3-4 chicken breasts
- ✓ 8 oz softened cream cheese
- ✓ 1/3 cup basil pesto
- ✓ 1 cup shredded mozzarella
- ✓ 1/2 cup halved cherry tomatoes
- ✓ 4-6 basil leaves

1. Preheat your oven to 375 degrees and grease a large baking dish.
2. Mix the softened cream cheese and basil pesto together.
3. Lay the chicken breasts flat into your greased baking dish and evenly spread the cream cheese pesto mixture over top.
4. Top with 1+ cups of shredded mozzarella cheese.
5. Bake uncovered in the center rack of the oven for 30-45 minutes, or until the internal temperature reaches 165 degrees.
6. Garnish with your fresh chopped tomatoes and basil. Enjoy!



Gretchen is February's employee spotlight. Thank you for taking the time and patience with each of your patients, and always having a positive mindset in tough times. We appreciate all you do!

What do you call two birds in love?

Tweethearts.



Valentine's Day Word Search

Can you find the words hidden in the puzzle?



- | | | |
|-------|-----------|----------|
| RED | HEART | FEBRUARY |
| LOVE | VALENTINE | SWEET |
| PINK | CANDY | FRIEND |
| CUPID | HUG | FLOWERS |



Home Based Primary Care

Home Based Primary Care is health care services provided to Veterans in their home. The program is for Veterans who need team based in-home support for ongoing diseases and illnesses that affect their health and daily activities.

Contact your VA social worker/case manager to complete the Application for Extended Care Benefits (VA Form 10-10EC) to learn the amount of your copay.