

A monthly newsletter about  
our small home care  
business located in Galena,  
IL and a sister office in  
Dubuque, IA



# Nov. 2023

Are you a Veteran in need of Home Health or Home Private Duty services? We are VA licensed and ready to provide care for you or a loved one in the comfort of your own home.

Call 563-588-2424 for more info!

## Thanksgiving TRIVIA

- Turkey wasn't on the menu at the first Thanksgiving.  
a) True  
b) False
- What year was the first Thanksgiving celebrated?  
a) 1776  
b) 1221  
c) 1621  
d) 1892
- How long did the first Thanksgiving last?  
a) 1 day  
b) 30 days  
c) 3 days  
d) 7 days
- How many women were present at the first Thanksgiving?  
a) 0  
b) 150  
c) 18  
d) 4
- What does the average size turkey weigh?  
a) 20 pounds  
b) 10 pounds  
c) 8 pounds  
d) 15 pounds
- A female turkey is called a gobbler.  
a) True  
b) False
- What is the day after Thanksgiving called?  
a) Cyber Friday  
b) Black Friday  
c) Red Friday  
d) Big Friday
- At the first Thanksgiving which utensil was missing?  
a) The fork  
b) The spatula  
c) The spoon  
d) The knife
- What is the 2nd most consumed food on Thanksgiving?  
a) Mashed potatoes  
b) Pumpkin pie  
c) Stuffing  
d) Yams
- Which Native American tribe was at the first Thanksgiving?  
a) Cherokee  
b) Wampanoag  
c) Sioux  
d) Navajo



**Why did the scarecrow win a Nobel Prize?**  
He was outstanding in his field



**How did the turkey get home for Thanksgiving?**

*It took the gravy train.*

## INGREDIENTS

- 2 large eggs
- 3/4 cup of sugar
- 1 can of pumpkin
- 1 1/4 cups of evaporated milk
- 1 1/2 tsp of pumpkin pie spice
- 1/2 tsp salt
- 1 frozen pie crust
- Cool Whip

## INSTRUCTIONS

- Heat oven to 425°F
- Beat eggs & whisk in sugar
- Add pumpkin, milk, spice, & salt.
- Pour into pie crust
- Bake for 40 minutes
- Let cool for 2 hours, then enjoy with Cool Whip on top



Thank you Nicole for the hard work updating the necessary platforms, orders, meeting with the community, and so much more!

# TIPS FOR SAFE FALL DRIVING

Every year thousands of people are injured and hundreds of people are killed due to daylight savings time changes and the change of seasons.

Autumn means we need to be more careful as drivers.



### 1 WEATHER

Sudden changes in temperature, rain, snow and fog all make for hazardous driving. Be aware of the weather - know before you go.



### 2 SUNRISE & SUNSET

Daylight Savings Time means the sun on the morning drive might be right in your eyes. The sun goes down early now, so it gets dark a lot sooner! HEADLIGHTS!



### 3 CHILDREN & ANIMALS

Children are back to school and animals are busy preparing for winter. Look out for them. Slow down, keep an eye out, and be nice.

### 4 LEAVES



Leaves on the ground can be slippery and dangerous. Careful when driving on leaf-covered roads, whether it's raining or not. Clear leaves off your car before driving, just like snow.

**Stay safe  
YOU ARE GOOD TO GO!**

# NOVEMBER HOLIDAYS

- 1- World Vegan Day
- 1-Author's Day
- 3-Sandwich Day
- 4-National Candy Day
- 4-Men Make Dinner Day
- 6-National Nachos Day
- 7-Daylight Savings Ends (1st Sunday)
- 8-National Steam Day
- 10-Sesame Street Day
- 11- Veteran's Day
- 11-National Sundae Day
- 13-World Kindness Day
- 14-National Pickle Day
- 15-National Recycling Day
- 16-National Fast Food Day
- 17-Take a Hike Day
- 18-Mickey Mouse's Birthday
- 25-Thanksgiving Day (3rd Thursday)
- 26-Buy Nothing Day (day after Thanksgiving)
- 28-National French Toast Day
- 30-National Day of Giving



*Clients: Reminder to please have a back up plan in the event our care team is unable to make their scheduled visit. Thank you for understanding.*