

24-Hour Care

www.24hourcarehha.com

A monthly newsletter about our small home care business located in Galena, IL and a sister office in Dubuque, IA

May 2023

24-Hour Care is a Home Health and Service small business. We have a staff of just under 20 people but our care team is some of the best in the tri-state! We offer Medicare Home Health services to all of Jo Daviess and Dubuque counties. Our Private Duty and VA services are also offered in these counties as well as parts of the lower SW portion of Wisconsin. If you have any questions or would like to schedule a free consultation for our private duty services please call us today at 563-588-2424!



Calling all those interested!

24-Hour Care is seeking personal care workers to work in the homes of individuals in need of help. This might include taking a patient to and from the doctor, helping bath, light housekeeping and food prep, companionship, and so much more! If this is something you might be interested in please reach out to Angela at 563-588-2424 or visit our website to apply!
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Ingredients:

Hard boiled eggs (6 eggs for 4 people)
1/4 c. Plain Greek yogurt or mayo of your choice
2 tsp. Dijon mustard
3 tbsp. red onion
2 tbsp. fresh Chives
1/4 tsp. salt and pepper to taste

Directions:

Boil your eggs, cool, peel and chop. In a medium bowl mix eggs, mayo or greek yogurt, mustard, onion, chives and salt and pepper. Add more yogurt or mayo if mix isn't creamy. Serve on bread or a wrap. Add avocado if desired.





Gretchen we simply can't say enough about all you do. You have incredible drive for the care you give to each of your patients as well as the training of our new nurse. The care you have for everyone is simply inspiring.

We appreciate all you do.



Spring Word Search



N Q F I P F S D R I B L S B F Z R
 J V P X X O X S B G P I S R E P S
 T D X M R A W S N P T R R F S Q E
 N M Z B G T E A E O Z P E N J M O
 Y D B M P G A R N I X A W A J E U
 G S Y C T X S G I U R V O T N V V
 G I S N Q E T X H V U L H Q X Q C
 E V P F J V E K S Y U S S Z B Y L
 V D T L C P R E N A P R E E Q M I
 K D W O R Y D R U M B R E L L A W
 M R G W D Z B A S E B A L L L R Q
 R R T E Q W Q Y V T J D L A H C E
 M B H R M W D Q T W W Q R Q X H U
 M F M S E R J F N O T T A G S H E
 N G N I R P S X X B G A I S I V W
 E R H I I I L M G R E E N Y L T R
 Y R W D M L G Q T T I A O A F F B

SPRING
MAY
GREEN
WARM
UMBRELLA



MARCH
FLOWERS
GRASS
SHOWERS
EASTER



APRIL
BASEBALL
SUNSHINE
RAIN
BIRDS



Dubuque County Veterans








Join Dubuque County Veterans Affairs Staff & Commissioners on Saturday, June 3, 2023 from 9 AM – 11 AM at Moose Lodge, 2635 Windsor Ave., Dubuque.

Come enjoy donuts, coffee, laughter and shop talk with fellow brothers & sisters. See what is available for Dubuque County Veterans from other Veterans.

Thank you to 24 Hour Care for sponsoring this event.



SUMMER SAFETY TIPS

-  Stay hydrated.
-  Don't stay out for too long.
-  Check the forecast beforehand.
-  Keep sunscreen nearby and use it.
-  Check your prescriptions' side effects.
-  Turn on the A/C.
-  Beware of heat-related illnesses.



Melissa
Happy 11 years with
24-Hour Care!

Without each of you, we wouldn't be able to who we are today!
Thank you for your kindness, your dedication,
and the compassion you provide to all of your patients.

“When you're a nurse you know that every day you will touch a life or a life will touch yours.” ~ Author Unknown

Clients: Reminder to please have a back up plan in the event our care team is unable to make their scheduled visit. Thank you for understanding.



Thank You