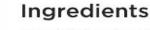
April 2023 Dubuque 563-588-2424 Galena 815-777-2424



Mother Graham's Chicken Salad



- 1 1/4 lb. boneless chopped chicken
- 1/2 cup celery
- 1/2 cup grapes
- 1/4 cup chopped pecans
- 1/4 cup chopped white onion
- 3/4 cup poppy seed dressing
- 1/2 cup mayonnaise

Instructions:

- Cook chicken and cut into small cubes; place in large bowl. Combine mayonnaise and poppy seed dressing; stir into chicken. Add celery, grapes, pecans and onion; stir to combine.
- Place on a croissant or bread of your choice, if desired. Serves 5-6.





- ★ RN Services
- ★ Weekly or monthly injections
- ★ Rehab for PT/OT Management

Visit KDTH's event calendar for more information on events going on in the Dubuque and Jo Daviess county areas.



Kudos Ruth for to Employee Spotlight this month. We had a family talk about the great care given that was to her husband, and great the

support and guidance given to the patient's wife. Thank you Ruth!

Hello April... new month, new beginning, new mindset, new focus, new start, new intentions, new results.

Sudoku Puzzle Brought to you by 24-Hour Care

					9		1	2
	8							9
3		9					6	
5				8		6		
	7		6	1	4			
	1	4		З			8	
	5		3	4				
				9				5
7		1						



4 A's of Stress Management

