

June 2022 NEWSLETTER



Dubuque 563-588-2424 Galena 815-777-2424 www.24hourcarehha.com



FATHER'S DAY

WORD SEARCH PUZZLE


- BEST
- BRAVE
- BREAKFAST
- CARD
- CARING
- CELEBRATE
- CHILDREN
- DADDY
- FAMILY
- FATHER
- FRIEND
- FUN
- GIFT
- GRANDPA
- HAPPY
- HERO
- HOLIDAY
- HONOR
- JOKES
- LOVE
- NURTURE
- PAPA
- PARENT
- PRESENT
- PROUD
- RESPECT
- SPECIAL
- STRONG
- VALUES

T	Y	N	F	R	E	T	A	R	B	E	L	E	C	V
V	D	T	O	E	R	U	T	R	U	N	Y	H	O	P
G	N	I	R	A	C	L	O	P	U	O	I	Q	A	S
T	T	I	O	L	S	N	O	L	J	L	V	P	C	T
T	F	Y	I	R	O	V	B	V	D	O	A	L	L	R
G	C	I	L	H	E	H	R	E	F	K	K	Y	O	
E	E	E	G	I	O	H	E	V	A	L	U	E	S	N
V	G	B	P	L	M	N	A	V	S	W	P	N	S	G
A	S	I	I	S	I	A	K	F	B	R	G	B	Y	L
R	T	D	H	C	E	H	F	R	L	E	R	C	G	A
B	A	N	A	P	A	R	A	I	E	H	A	O	S	I
Y	R	R	E	P	R	E	S	E	N	T	N	L	L	C
T	D	T	P	R	V	O	T	N	D	A	D	D	Y	E
D	L	Y	B	U	A	K	U	D	H	F	P	B	O	P
E	B	B	E	S	T	P	E	D	G	R	A	P	C	S

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.



When do you go at red and stop at green?



When you're eating a watermelon!!!

momvstheboys.com

Visit KDTH's event calendar for more information on events going on in the Dubuque and Jo Daviess county areas.

HIRING

Do you have a family member interested in becoming a personal care worker or Nurse Case Manager? Have them go to our website and fill out an application!

Nurses work weekdays until 4P, the position can be full or part time and they are on call once every 8 weeks! Great benefits and pay! Each position is a great way to work with senior citizens and Veteran's in their homes! REWARDING JOB! PTO AND Mileage offered!

Call Angela today for more info!

563-588-2424

JUNE REMINDERS

Make time for fun, rest, and love

Authenticity makes you *shine*

You are **worthy** of love and attention

Always be 😊 kinder than you need to

You always have a *choice*

★ **Growth** is not always visible

OurMindfulLife.com



CONGRATS TO OUR NEWEST CARE TEAM MEMBERS Isabelle

and Charity! We are grateful for your hard work, go getter attitude, and all you do for our senior citizens and Veteran's. Thank you for being a great part of our team!

Senior Health Spot

Did you know?

ON AVERAGE
men live
about
5 years less
than women

MEN HAVE A
higher death rate
for most leading causes of death
including cancer, heart disease, diabetes, and suicide

APPROXIMATELY
30,000 men
IN THE U.S.
die each year
from
prostate cancer

Men make
1/2 as many
physician visits for
prevention
as women

1 in 2 men
will develop
cancer

Men are more likely to be **uninsured** than women